

## Worksheet

# Helping Agencies

## Some Examples

### Alcoholics Anonymous

Santry Business Park  
Swords Road  
Dublin 9  
[www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)  
Tel: .....

### Alateen

Al-Anon Info Centre  
Capel Street  
Dublin 1  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
Tel: .....

### Aware

Helping to Defeat Depression  
[www.aware.ie](http://www.aware.ie)  
Helpline: 1890 303 302

### Bodywhys

The Eating Disorders Association  
PO Box 105  
Blackrock  
Co Dublin  
[www.bodywhys.ie](http://www.bodywhys.ie)  
Tel: .....

### CARI, Child Protection

[www.cari.ie](http://www.cari.ie)  
Helpline: 1890-924 567

### Childline

ISPCC Head Office  
29 Lower Baggot Street,  
Dublin 2  
[www.childline.ie](http://www.childline.ie)  
Helpline: 1800-666 666

### Crisis Pregnancy

Unplanned pregnancy advice  
[www.positiveoptions.ie](http://www.positiveoptions.ie)  
Freetext: 'list' to 50444

### Drugs Awareness

Information and advice  
[www.dap.ie](http://www.dap.ie)

### The Drugs/HIV Helpline

Helpline: 1800-459 459.

### Headsup Text

An automated 24-hour text service for young people which provides a list of helpline numbers and their opening hours  
Freetext: 'headsud' to 50424

### Hotline.ie

Reporting illegal web content  
Sandyford Office Park  
Dublin 18  
[www.hotline.ie](http://www.hotline.ie)  
Tel: .....

### National Office for Suicide Prevention

[www.nosp.ie](http://www.nosp.ie)

### Watchyourspace.ie

Social Networking advice for teens  
[www.watchyourspace.ie](http://www.watchyourspace.ie)

### Rape Crisis Centre

[www.drcc.ie](http://www.drcc.ie)  
Helpline: 1800-778 888

### Samaritans

112 Marlborough Street  
Dublin 1  
[www.samaritans.org](http://www.samaritans.org)  
Helpline: 1850-609 090

### STIs/HIV Clinics

Irish Family Planning Association  
List of nationwide clinics  
[www.ifpa.ie/sti/clinics](http://www.ifpa.ie/sti/clinics)

### Useful web addresses

[www.youthinformation.ie](http://www.youthinformation.ie)  
[www.spunout.ie](http://www.spunout.ie)