

## 12. Beat on the Street

### Description

Arrange spot markers 2 metres apart within the playing area. Invite pupils to stand on their own spot marker and practise marching on the spot for a count of eight. Change the locomotor skill for each count, or turn to face another direction.

When the pupils are comfortable moving to the count of eight, invite them to perform the following sequence:

- Hop forward on the right leg, clap on the eighth beat.
- Hop back on the left leg, clap on the eighth beat.
- Hop on either leg but rotate 90° (quarter turn) every second beat.
- Hop forward for four beats, hop backwards for four beats.

Repeat from the beginning.

Once pupils are comfortable with the sequence, introduce music and dance to the beat. Invite them to add their own movements.

### Equipment

- An open play area/Spot markers/Music
- Choose from the following appropriate song list:**
- 1-Safe and Sound - Capital Cities
  - 2- Uptown Funk - Mark Ronson / Bruno Mars
  - 3 - Castles – Freya Ridings

### Variations

- Invite pupils to develop a dance sequence incorporating a number of different parameters, such as, balance on 3 body parts, movements on different levels, free style for the chorus.

