

5. Colour Triangle React

Description

Arrange pupils in pairs with 6 cones (2 red, 2 yellow, 2 blue) and 2 spot markers per pair. Invite each pair to make two triangles with a different coloured cone at each apex, facing each other. Both triangle must be a mirror of the other. Invite pupils to stand on their spot marker in the centre of each triangle. A gap of two metres should be left between both triangles.

The aim of the activity is for one pupil to mirror the movements of their partner pupil. The first pupil is invited to touch any cone and their partner attempts to mirror this action. Invite pupils to progress to touching two cones, then three cones, in succession.

Equipment

- Each pair needs:
 - 2 red cones
 - 2 yellow cones
 - 2 blue cones
 - 2 spot markers

Variations

- Invite pupils to add a deceptive element to the activity by adding fakes and dummies to move their partner off their centre spot.
- Invite both pupils to balance a beanbag on their head.
- The leader must return to the middle of their triangle each time before touching a different cone.

