6. Lives

Description

Arrange pupils in groups of three (A, B, C) with one ball for every two groups. Two groups position themselves at a section of wall five metres wide which is set out using cones. Groups play in the order of A, then B, then C.

Pupil A from the first group kicks the ball against the wall inside the boundary and pupil A from the opposite group must respond. This process continues through all group members. If a pupil strikes the ball inside the boundary, their group gains a point. This process continues until a group reaches a score of ten points.

Equipment

- Football
- Cones
- A wall

Variations

- Allow pupils to trap the ball with their foot prior to kicking.
- Introduce a rule that pupils kick the ball with their non-dominant foot only.
- Invite pupils to create a cooperative task where they see how long they can maintain a rally without making a mistake.

