

8. Shoot to Score - 21

Description

Arrange pupils in pairs with a ball per pair. Stick targets at various heights on a wall. Points should be placed in the centre of each target from one to five.

Invite pupils to kick the ball at the targets on the wall to achieve that score. Allow 5 – 10m between the kicking spot marker and the targets.

Invite pupils to play the activity until one pupil reaches a total score



Equipment

- A football
- Sheets of A4 paper
- Blutac
- Markers
- Spot Marker

Variations

- Increase the distance between the kicking spot and the target.
- Restrict pupils to an allowance of odd numbers only or striking with non-dominant foot only.
- Decrease the space between the kicking spot and the target and/or make the task co-operative where the pair must work together to achieve a score of 21.