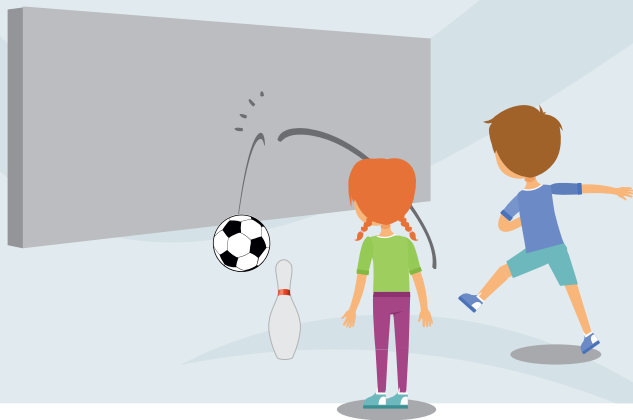


## 9. Rebound Ball

### Description

Arrange pupils in pairs with one bottle/skittle and one football each. Invite the first pupil to place their skittle three to five metres from the wall within their designated playing area. This pupil then places their ball next to the skittle and kicks it, aiming to hit the skittle on the rebound. If the skittle is hit, the skittle is then moved one metre further away from the wall. A goal line can be set ten metres from the rebound wall. A goal is scored when a pupil has successfully progressed the skittle, metre by metre, back across the goal line.



### Equipment

- Each pair needs:
  - A football
  - Wall space
  - A skittle or empty water bottle

### Variations

- Kick from left or right of the skittle, the wider the distance, the more difficult the challenge.
- If space allows, arrange pupils in pairs, taking every second turn, making the task co-operative.