

## 11. 1,2,3,4,5 Action

### Description

Arrange pupils in pairs on their own spot marker facing each other within the playing space. Give each pupil a letter A or B. 'A' starts by saying the number 1. 'B' follows by saying the number 2, then 'A' says 3 etc. Continue until the pupils are familiar with the 5 number pattern – 1, 2, 3, 4, 5, 1, 2, 3, 4, 5, 1, 2, 3, etc.

Invite the pupils to replace the number 1 with a jump, so instead of saying number 1 the pupil jumps as high as they can with their feet together. The numbers 2, 3, 4 & 5 are spoken as before.

Once the pupils are comfortable with this pattern (jump, 2, 3, 4, 5) invite them to also replace the number 2 with an action of their choice. Challenge the pupils to replace all the numbers in the pattern, with actions of their choosing.

### Equipment

- Spot Markers

### Variations

- Begin this activity by inviting pupils to create actions up to the number 3.
- Invite the pupils to repeat the activity one group at a time, to allow each group the opportunity to perform their created sequence for their classmates.

