

1. Beanbag Run

Description

Scatter the numbered bean bags or numbered cones around a large playing area. Invite pupils to find a space within the area.

On a signal the pupils run around the area. As they pass the beanbags or cones the pupil adds together the numbers on the beanbags or cones.

The pupils run for a certain time and the teacher blows the whistle to conclude the game. Pupils record their score in their PE journal.

Equipment

- Numbered bean bags or Numbered cones

Variations

- Use a variety of travel methods like skip, side step or hop.
- Make all cones or beanbags worth 2, 5 or 10 to make it easier to add.
- Challenge pupils by making some beanbags or cones worth negative numbers.
- Create multiple playing spaces to ensure pupils remain socially distant from each other.

