

13. Along the Line

Description

Arrange pupils in groups of 4. Set out 4 spot markers in a straight line at 5 metre intervals. Invite each pupil to stand on a spot marker. The ball begins with the pupil at the first marker and is kicked to the pupil at the second marker, who in turn kicks it to the third marker. When the ball reaches the fourth marker that pupil must dribble the ball back to the first cone and repeat the process. Whilst the ball is being dribbled back each pupil moves forward to the next marker.

Equipment

- Spot Markers
- Footballs

Variations

- Vary the distances between markers.
- Vary the kicking foot each time.
- Groups can compete against the clock or other groups

