

20. Milkshake Dance

Description

Invite pupils to move around the playing area in various different ways. The pupils as a class assign different activities to each milkshake (e.g. banana milkshake - lay on backs on the floor with arms outstretched, chocolate milkshake - jog on spot, strawberry milkshake - make a small shape). When the teacher calls out the different milkshakes the pupils are invited to do the allocated action.

Equipment

- Music

Variations

- Introduce the idea of doing a movement for 8 counts.
- Invite pupils to work in small groups and create their own movements for different milkshakes.

