

4. 1, 2, 3 Action

Description

Arrange pupils in pairs with a spot marker per pupil. Invite the pupils to stand on a spot marker facing their partner. Give each pupil a letter A or B. Invite 'A' to start by saying number 1. 'B' follows by saying number 2, and 'A' says number 3. Continue until the pupils are familiar with the pattern 1,2, 3, 1,2,3.



Now invite the pupils to replace the number 1 with an action like a jump so instead of saying number 1 the pupils do the action. The numbers 2 and 3 are spoken as before. Once the pupils are comfortable with this, invite them to replace number 2 with an action of their choice. So the pattern is now action, action, 3. Continue by replacing number 3 with an action. Allow the activity to continue for a set amount of time.

Equipment

- None

Variations

- Increase or decrease the numbers to make the activity easier or harder.
- Both pupils can do the actions at the same time if they are struggling with the activity.