

14. Aeroplanes

Description

Arrange spot markers, one per pupil, in a large circle in the playing area. Invite each pupil to stand on a spot marker. Use chalk/tape to show pupils the direction of travel (clockwise). Invite pupils to begin by crouching down on their spot, when the teacher says 'get ready for take off', pupils begin to move in the direction of travel, flying around the teaching space. Invite pupils to explore travelling high and low with their arms spread out like aeroplane wings. Use the



command 'get ready for landing' for pupils to land their plane on the next spot marker. Repeat a few times.

Place some beanbags (suitcases) at each spot marker and some hula hoops (countries) in a larger circle, outside of the spot markers. When pupils have landed their planes, invite them to throw the lost luggage (beanbags) to the country (hoop).

Equipment

- Cone, beanbag
- Hula hoop
- Chalk/tape

Variations

- Begin by walking this activity until pupils become familiar with the direction they must travel and the different commands.
- Challenge pupils by increasing the distance between their spot marker and the hula hoop.