

17. Musical Statues

Description

Arrange pupils in small groups within their own playing space. Invite pupils to find their own space within this playing area. Invite pupils to move around the area using a locomotor skill such as walking, running, hopping, skipping, jumping etc. when the music is played.



Invite pupils to be extra careful and to dodge around other pupils if they encounter them. When the music stops, invite pupils to perform a balance for a count of five. Restart the music and alter the locomotor skill to repeat the activity

Equipment

- Music

Variations

- Increase the size of the playing space and decrease the number of pupils within this space.
- Use spot markers to help pupils to safely move around within the playing space.
- Use more complex movements and balance to challenge pupils.