

### 5. Animal Relays

#### Description

Arrange pupils on a spot marker each in groups of 3, one behind the other in relay formation. Set out a starting line and a finishing line using cones or tape/chalk.

Teacher calls out an animal e.g. shark, cheetah, snail and then says 'Go'. The first pupil in the line



acts like the chosen animal while moving towards the finishing line and back to the start line also. Once the first pupil is back sitting at the end of the line, the next pupil can go. The first team to have all pupils sitting down, in their original places, wins!

#### Equipment

- Spot Markers
- Tape/Chalk

#### Variations

- Choose an easier movement to begin with. Change movements for specific pupils.
- Choose some animal walks for pupils who needs to be challenged.