

# Leaving Certificate Home Economics



## Complete Elective Revision Programme

scoilnet

# The Layout of the Paper

Opening the paper- 2 hours and 30 minutes for Higher and Ordinary Level

## Top Tips

- Take a breath.
- Spend 5 minutes reading the paper and circling the questions you will answer.
- Highlight the keywords of your question i.e. outline, explain, nutritive value, dietetic etc.
- Stick strictly to the time limits per question! Is it worth missing a whole question to finish of the last few sentences of another?? No!

Time Scale: Follow this sequence!

Time	To do/Question
5 mins	Read the paper and circling the questions you will answer.
40 mins	Elective 3- Social Studies. 80 marks- 20% of paper. Must answer 3(a). Pick between b or c.
40 mins	Section B: Question 1- Food Studies 80 marks- 20% of paper. Past trends in exam papers usually show a chart or figures been presented. You are often asked to " Using the information provided in the chart, comment and elaborate on". Make sure you refer to the figures in the chart, grams, %'s etc, mention the function if a nutrient and its potential health impact (good or bad).
20 mins x 2 Qs from Q2-5	Section B: Pick 2 Questions from 2,3,4 or 5: 20 Minutes each Each question is worth 50 marks. Question 2 is usually related to food studies, Q3 is related to food safety, hygiene, microbiology, Q4 is usually related to Resource Management or Consumer Studies and Q5 is related to social studies.
25 mins	<u>Section A: Short Questions. Answer 10/12.</u> Each question is worth 6 marks (60 marks in total).(food studies core, resource management, textiles, consumer studies and microbiology). Care to give sufficient detail for these questions- a common mishap by students!
5 mins	Read over the paper. Add short comments to answers unfinished.

**Section C- Q3.The Social Elective**  
**Higher Level Past Exam Paper Analysis**

Year	Q.3 (a)	Q 3 (b)	Q 3 (c)
2018	Education-2nd level	Volunteer work	Leisure
2017	Unemployment	Employment Women childcare	Work
2016	Poverty	Education- pre and primary.	Gender Roles/Role Conflict
2015	Work	2nd level Ed and employment link	Leisure
2014	Adult & 2nd chance Ed	Social Change- attitudes/tech	Voluntary work
2013	Work	Poverty	Primary schools
2012	Unemployment	Leisure	Childcare
2011	2nd level and adult Ed	Social Change and employment	Employment-women
2010	Poverty	Work	Education- work prep
2009	Poverty	2nd level ed- SEN/Ethic backgrounds/socialisation of young kids.	Leisure
2008	Education- child/socioeconomic	Unemployed	Childcare.

## Social Change and The Family Revision

(Past Q's: 2017 Q 3(b) ,2016-Q3(c), 2014 Q3(b), 2011 Q3(b))

**Key Points: Social and Economic Change on the family!**

**Change in Settlement Patterns-**

Rural- Comment on the following	Urban- Comment on the following
<ul style="list-style-type: none"> <li>• Ag- less labour intensive.</li> <li>• Population:</li> <li>• Marriage/Birth Rates:</li> <li>• Social Life:</li> <li>• Closure of Services i.e.</li> </ul>	<ul style="list-style-type: none"> <li>• Social life &amp; facilities i.e.</li> <li>• Results of increase in population =</li> <li>• Employment Opp:</li>   <li>• Social Problems:</li> </ul>

Reduction in working hours- increase in leisure time	Improvements in Education	Improvements in Social Welfare
Eu & Irish Legislation-  Legislation on Leave:  Working Hours:  Unpaid Leave:  Result on leisure time- (benefits)-	Available to:  Gov investment:  Ed Programmes:  Access to 3rd level easier:  SEN HELP:  Parent involvement-	SW reduces financial burden for families in P_____  Low income families entitlements =  Schemes to help:  Universal Payment for all families

**Side Note: Schemes to promote rural population**

**IDA/FAS/SOLAS/Enterprise Boards/Investment in Roads and Infrastructure.**

**Changing Attitudes to:**

<b>Marriage</b>	<b>Parenting</b>	<b>Men and Women Roles</b>	<b>Pay and working conditions</b>	<b>Women in workforce</b>	<b>Legislation on equal pay and opportunities</b>
<p>Later in life</p> <p>Chose not to</p> <p>Cohabit before.</p> <p>Church Influence</p> <p>More Common-</p> <p>Family structure-</p>	<p>Egalitarian</p> <p>Men-</p> <p>Employment leave-</p> <p>Family types-</p> <p>Sub for parenting-</p>	<p>Egalitarian</p> <p>Less segregated</p> <p>Breadwinners-</p>	<p>Hours-</p> <p>More family time</p> <p>Improvements-</p> <p>standard of living</p> <p>Disposable income.</p> <p>Min wage-</p>	<p>Both parents work-</p> <p>Women working-</p> <p>Family Size-</p> <p>Role models-</p> <p>Ed attainment</p> <p>-</p> <p>Job options:</p>	

**Key Definitions**

- **Role Overload:**

## Higher Level Exam Question Practice: The Family and Social Change

**2017 Q3b:** Analyse the factors that influence the participation of women in employment (15 marks)

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**2016: 3c:** Describe how gender roles have changed within contemporary family and outline their impact on family life (15m)

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**2016 3c:** Discuss the impact of dual earners on family life with reference to

- Role Conflict
- Role Overload

**2014 3b.** Social change has a major impact on family life in Ireland today. Discuss the Statements in relation to (30m)

- Changing attitudes to marriage

- Changing attitudes to traditional roles within the family
- The impact of modern communications technology

Attitudes to marriage	Changing attitudes to traditional family roles	Impact of modern communications technology

**2004 3c. Discuss the factors that have contributed to increased participation of women in the workforce (16m)**

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## Ord level Exam Question Practice: The Family and Social Change

2015: 3 (b) Discuss the impact of each of the following on family life

- Changes in settlement patterns rural to urban
- Reduction in working hours
- Improved working conditions

Changes in settlement patterns rural to urban	Reduction in working hours	Improved working conditions

2012 3 (a) Discuss the 2 impacts of each of the following on family life

- More people living in urban areas. \*changing attitudes to marriage
- Changing attitudes to parenting \*improvements in provision of social welfare (40m)

**3 (ii) Name and give details of 1 initiative used to maintain rural populations (10m)**

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**2009. Q3a(ii) Identify and elaborate on some of the reasons why a greater number of people live in Urban areas in Ireland (15m)**

**2009 Q3a (iii) Discuss the impact of social and economics change on family life (20m)**

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**2008 Q3a (i) Discuss the impact of dual earners on family life. Reference distribution of parental duties, home-care responsibilities and role conflict. (26m)**



## Higher Level - Education

**2016 Q3B: Discuss the role of education in the social, intellectual and emotional development of children in their formative years (18m)**

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**2016 3B: Name and give details of one statutory initiative provided for pre school school children (12m)**

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iii) Name and give details of one contemporary initiative aimed at improving equality of education in Ireland (10m)

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2013: 3B: Discuss Primary Level Education. Refer to (30m)

Choice/Types of primary school	Curriculum offered	Educational supports and resources	Provision for students with SEN

2011: 3A Analyse the principle factors that influence educational achievement (24m)

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**ii) Discuss 4 factors that contribute to an increasing demand for adult & 2nd chance Ed in Ireland (16m)**

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**iii) Name and give details of 1 contemporary initiative that has improved access for students to 3rd level education**

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**2010: 3C Outline the purpose of education for the preparation of work (10m)**

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**2010: 3C Discuss equality in education with reference to each of the following Gender Equity/ Early School Leavers (20m)**

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**2009: 3B: Analyse how the supports provided by schools to accommodate the educational requirements of students with Special needs and different ethnic backgrounds (18m)**

<b>Special Need Supports</b>	<b>Different Ethnic Backgrounds</b>

<p><b>Types of work</b> Paid Unpaid Voluntary</p>
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### The Role of Volunteer

- Benefits to the volunteer
- Benefits to the community

### Attitudes to work and work attainment

- Social Class
- Family Background
- Education
- Self-Esteem
- Working conditions
- Interaction with others
- Work Ethic

# Work Revision

### Reconciling Employment and Family Responsibilities

- Decrease in segregated roles as more women work
- Egalitarian approach to decision making
- Housework divided
- Parents more aware of gender issues and adopt a more open approach
- Family Finance divided between both partners

### Changing What is a dual earner??

- women in workplace
- Decline in secondary and tertiary industries

### Advantages of Dual Earner

- Improved standard of living
- The role of the father
- Children attitude
- Increased Security
- Equality for women

### Disadvantages of Dual Earner

- Family Size
- Vulnerable members
- Childcare
- Marriage breakdown
- Role overload/Role conflict
- Less Leisure time





## Work HL Exam Questions

**2017 Q3c: Outline how a person's work ethic influences their attitudes to work (10marks)**

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**2015: 3a. Discuss how changes in availability of work have affected individuals and families in Ireland (20m)**

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**2015 3a (ii) Discuss giving examples how flexibility in working hours has impacted on work/life balance for many people (20m)**

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**2014 Q3c: Discuss, giving example, the role of voluntary work in the community (18m)**

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**2014 Q3C(ii) Evaluate the benefits to be gained from voluntary work by the volunteer (15m)**

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**2013 Q3a. Differentiate between paid and unpaid work (10m)**

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**2012 3b. Assess how intrinsic and extrinsic factors affect attitudes to work (10m)**

**2013 Q3a. Discuss the impact of social, economic and technological change on patterns of work and work availability (25m)**

**LC Revision Home Economics Higher Level  
Unemployment Revision**

**3 (a)**

	2011	2012	2013	2014	2015	2016
<b>Unemployment + Rates in Eire</b>	15.1%	14.1%	12.2%	10.2%	9.9%	7.2%

**Comment on the information provided above and analyse why unemployment rates have changed in Ireland (20m) (Don't forget to mention figures!)**

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ii) Discuss the effects of unemployment on individuals, families and society (20m) (SENTENCES)

Individuals	Families	Society

iii) Name and give details of one scheme to reduce expenditure for low-income families (10m)

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3 (a) Define Poverty (8m)

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3 ii) In relation to poverty, explain each of the following

- Relative

poverty: \_\_\_\_\_

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- Poverty

Line: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- Poverty

Cycle: \_\_\_\_\_  
\_\_\_\_\_  
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**3 (iii) Discuss the social and economic reasons why poverty continues to exist in today's society (20m)**

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\_\_\_\_\_

**3 (iv) Name and give details of 1 voluntary agency which works to alleviate poverty in Ireland (10m)**

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\_\_\_\_\_  
\_\_\_\_\_

**3b) Discuss the extent and distribution of poverty in Ireland (20m)**

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ii) Name and set out details of 1 statutory response to eliminating poverty (10M)

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3b (II) Assess the effects of decreasing employment opportunities in Ireland today (10m)

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3 (a) Discuss the influence of each of the following as a contributory factor to poverty in Ireland today (30m)

- Economic recession
- Social policy
- The cycle of deprivation in families and geographical areas

Economic recession	Social policy	The cycle of deprivation in families and geographical areas

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### Childcare and Leisure HL Revision Questions

3c. I) discuss the role of leisure activities in personal development referring the following factors: \*Physical \* Social and \* emotional. Give examples (18m)

	Description and example
Physical	
Social	
Emotional	

Ii Name and evaluate 2 leisure facilities popular with retired people (12m)


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**2. Define leisure and discuss its value in today's society. (18m)**

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**3. Discuss the factors that can influence a person's choice of leisure activities (12m)**

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**3. Discuss the principle factors that can affect family's requirements for childcare (12m)**

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**4. Name and evaluate two types of childcare options that are available to parents (18m)**

<b>Cost and value for money</b>		
<b>Range of facilities</b>		

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**3.C Summarise the factors that can affect a family's requirements for childcare (12m)**

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**Evaluate two types of child care options**

**4. Describe how {a} age and {b} gender impact on a person's choice of leisure activities**

## **Leaving Certificate Home Economics**



# Social Studies Revision

Social Studies Revision Questions Higher Level

**2016 5. Analyse the social and economic changes that affect contemporary family lives (20m)**

Social	Economic

**b) Explain how the family can meet the physical and psychological needs of children so that they can contribute to and succeed in a rapidly changing society (18m)**

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**c) Discuss the challenges that may be experienced by parents of a child with SEN (12M)**

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**2014 5. Outline the historical development of the family in Ireland from the beginning of the 20<sup>th</sup> century to the present day (16m)**

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b) Give an account of each of the following functions of the family

Economic	Socialisation	Educational

Explain how the state intervenes in carrying out these functions (25m)

Economic	Socialisation	Educational

c) Assess the role of grandparents in modern family life (9m)

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**Social Studies Revision Questions Higher Level**

**5. 2012 Outline 4 rights of children within the family (12m)**

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**ii) 2012 State how the state assists in the rearing of children**

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**b. 2012 Discuss each of the following**

- The difficulties that the family unit may experience when a child has special needs
- The difficulties that the family unit may experience when a parent has special needs

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**c. 2012 Write an informative note on Childcare Act, 1991 (14m)**

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**2011 5. Define the family and explain what is understood by the universality of the family (10m)**

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**b. Discuss the roles and responsibilities of family members and explain how these roles change through the life cycle of the family (24m)**

Rights	Responsibilities

**c. Give an account of the 4 factors that enable older people to maintain their independence (16m)**

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**2010 5. Describe the 4 main functions of the family in modern society and outline how the supports the family with these functions (24m)**

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**b. Discuss the merits of good child--parent communication (12m)**

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**c. State why it is important for parents to make a will and outline the procedure involved (14m).**

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**2008 5. Analyse the reasons for the decline of the traditional family in Irish society (20m)**

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**b. Discuss how the family might respond to the needs of a member with a disability (20m)**

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**Identify and describe 3 types of modern family structures in today's society**


**Discuss the effects of social and economic changes on modern family structures (24m)**

<b>SOCIAL</b>	<b>ECONOMIC</b>

**Set out the conditions required for granting a divorce under the Family Law (Divorce) Act 1996 (8m)**

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**2016 5 (a). Discuss why marriage is a popular option for couples in Ireland today (15m)**

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**5 (b) Discuss (i) the rights and (ii) the responsibilities of couples within the marriage relationship (20m)**

Rights	Responsibilities

**5 ©. Name and give an account of one option available to couples who are experiencing difficulties in their marriage (15m)**

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**5 (A) Explain 3 ways in which marriage customs may differ between cultures (18m)**

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**b) Discuss 4 conditions required to make marriage legally valid in Ireland (20m)**

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**© Outline the role of each of the following in relation to marriage preparation (12m)**

School	Marriage Preparation Courses

**2011 5. (a) Explain each of the following options that couples, who are experiencing relationship difficulties, may consider (15m)**

Marriage Counselling	Legal Separation	Divorce

**(ii) State 1 advantage and one disadvantage of each option**

<b>Marriage Counselling</b>	<b>Legal Separation</b>	<b>Divorce</b>
<b>ADV</b>	<b>ADV</b>	<b>ADV</b>
<b>DIS:</b>	<b>DIS:</b>	<b>DIS:</b>

**B(I) Explain why it is particularly important for divorced parents to make a will**

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**(ii) Outline 3 important features of a valid will (17m)**

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**2008 5 © Explain how the family mediation service helps couples who are experiencing difficulties in their marriage (10M)**

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