

FAIR PLAY

Motivation and Confidence – the affective domain of Physical Literacy. This refers to the pupil's enthusiasm for, enjoyment of, and self-assurance in adopting physical activity as an integral part of life.



I will take a deep breath in for 4 seconds and exhale for 5 seconds

Maintain self-control



Play by the rules



Win and Lose with grace



Show respect for teammates and opponents



Show respect for officials

