DEVELOPING SOCIAL SKILLS AND PERSONAL QUALITIES IN PHYSICAL EDUCATION

COMMITMENT

Motivation and Confidence – the affective domain of Physical Literacy. This refers to the pupil's enthusiasm for, enjoyment of, and selfassurance in adopting physical activity as an integral part of life.





Ask for help

Stay on task, even when it's hard



Move Well, Move Often:

Developing the physically literate child through the lens of fundamental movement skills

