



ATHLETICS



GAMES



OUTDOOR & ADVENTURE

Description of Activity

Arrange the pupils in groups of four at one end of a large playing area. Scatter a full set of cones throughout the playing area and randomly place bean bags under some of the cones. On the teacher's signal the first pupil from each group runs into the playing area, looks under one cone, checks for a beanbag and then returns to their group with the beanbag if they were successful. Once tagged the next pupil in line can go in search of a beanbag. A pupil may only check one cone during their turn.



Variations

- If a pupil discovers a beanbag under a cone, they must transport it back to their group by balancing it on their head.
- Alter the locomotor skill used to move in the playing area, e.g. skip, hop, jump etc.
- Assign a number of points to the different coloured beanbags. Count the points for each group at the end of the activity.

Equipment

An open playing area, cones, beanbags



- It may be helpful to organise groups in the classroom before the PE lesson.
- Invite a pupil from each group to help in setting out the beanbags each time.
- Pause the activity at intervals to focus on the specific teaching points for running in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise individually and then return to the activity. Provide feedback to individuals when they demonstrate correct running technique during the activity.



- Ask a grown-up at home to make a small scavenger hunt for you using toys under tea-towels.



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