



ATHLETICS



GAMES



OUTDOOR &
ADVENTURE

Description of Activity

Use cones to set out a designated playing area. Invite three pupils to be taggers. These pupils tuck a bib into the back of their tracksuit bottoms. The other pupils find a space in the playing area where they are not in contact with each other. On a signal, pupils move around the playing area and try to avoid being tagged. If pupils are tagged, the tagger and the tagged pupil stop and face each other. The tagger tries to make the tagged pupil smile or laugh in five seconds. They cannot touch the other pupil. If the tagger is unsuccessful the tagged pupil runs free. If the tagger is successful the pupil takes a bib and becomes a tagger.



Variations

- Alter the locomotor skill used to move around the playing area, e.g. run, hop, skip, walk, side step, etc.

Equipment

An open playing area, bibs or tags, balls, cones



- Before beginning the activity discuss the importance of respecting each other's personal space when trying to make another pupil laugh. Ensure that pupils do not use physical touch or tickling to get their opponent to laugh.
- Pause the activity at intervals to focus on the specific teaching points for dodging in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the dodging action during the activity.



- Play Laughing Tag with a grown-up at home.



triúr mar tóraithe • meangadh gáire • ag gáire • má theipeann ar an toraí • má éiríonn leis an toraí