

## **Description of Activity**

Set up a 'safe zone' around the perimeter of the playing area. Invite three pupils to stand in the centre of the playing area, and to play the role of the shark. The remaining pupils (the fish) find a space in the safe zone. To begin the game the sharks shout "Out fishy fish, come out to play". Once this is called the fish must walk slowly into the playing area towards the sharks. The fish must keep walking forward until the sharks call "Shark Attack!". When this is called the fish must dodge away from the sharks and get outside the playing area to the safe zone without being tagged. Any fish that is tagged becomes a shark.



## Variations

- Vary the locomotor skill used to move around the playing area
- Make the playing area bigger or smaller based on the needs of the class.
- When fish are caught they could perform a balance for a count of five before joining the sharks.

## **Equipment**

An open playing area, cones

 Discuss safe tagging with pupils. Ensure that pupils do not grab or push each other, and that they use soft hands to gently tag their opponents, on the back of the torso between the hip and the shoulder.



 Pause the activity at intervals to focus on the specific teaching points for dodging in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the dodging action during the activity.



Uh Oh! Something falls in front of you as you are walking down the street.
In your PE journal, draw a picture of you dodging around this obstacle.



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