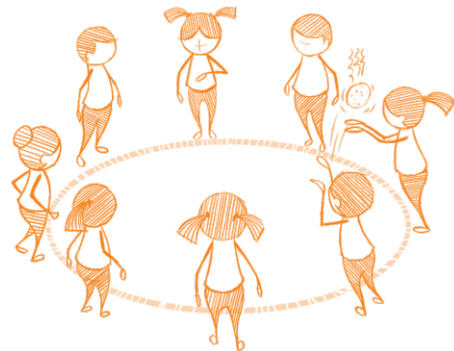


Description of Activity

Arrange pupils in three groups, with each group forming a circle. One pupil in each circle begins with the hot potato (the ball). Pupils pass the ball around the circle from one person to the next. After the potato has made it around the circle without being dropped, everyone takes a step backwards. Now pupils need to pass the potato a further distance. Include additional instructions such as

- *'Cool it down'* - blow on your hands after you pass the potato to cool them down
- *'It's burning!'* - pass the potato faster around the circle
- *'Lunch time!'* - perform the action of eating the potato when you catch it

Invite pupils to create additional actions for the game.



Variations

- Include additional balls.
- Complete the activity from a seated position.
- Include additional commands such as 'mash up' - pupils swap places in the circle, 'sweet potato' - pupils compliment each other's catch, 'curly fries' - pupil spins around before catching the ball.

Equipment

Small foam balls



- Ensure there is adequate space between pupils to allow them to catch the ball. If space is limited, pass the potato across the circle instead of passing it from one person to the next.
- Pause the activity at intervals to focus on the specific teaching points for catching in the lesson. Provide feedback to individuals while they are catching during the activity.



- Ask a grown-up to draw targets at different heights on a wall outside using chalk or paper. Practise catching at different heights by throwing a ball at the targets.



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