



Description of Activity

Arrange pupils in pairs and give each pair one beanbag and one piece of chalk. Invite pupils to line up in their pairs, one behind the other, along one side of the playing area, behind a line of cones (the throwing line). On a signal, pupil A from each pair steps forward to the throwing line and throws their beanbag as far forward as possible. Pupil A walks to where the beanbag landed, counting their steps. Using chalk, the pupils write their initials and the number of steps beside the beanbag before picking up the beanbag and returning to the throwing line. Pupil B repeats this activity and marks their score with the chalk. Repeat the activity until each pupil has had five turns to throw the beanbag, each time attempting to increase the distance of their throw.



Variations

- Set out scoring zones using cones. Pupils score different points each time depending on how far they throw. The furthest zone away from the throwing line provides the most points.

Equipment

An outdoor hard surface area, beanbags, chalk, cones



- Ensure pupils throw their beanbag forwards. Pupils must not move forward to retrieve their beanbags until they hear a signal, or until everyone has thrown the beanbag.
- Pupils should hold the beanbag softly in their hands using index and middle fingers to propel the beanbag.
- Allow pupils to take a step or two in the process of throwing.



- Practise this game at home. Ask a grown-up to help you find five things in your home that you can throw. Investigate which object you can throw the furthest.



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