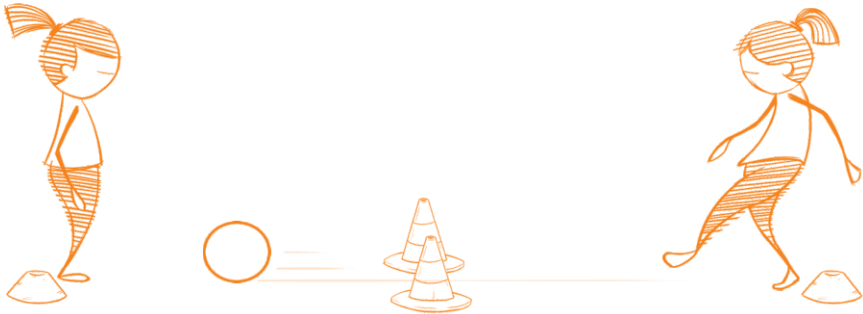




## Description of Activity

Arrange pupils in pairs with one ball per pair. Each pupil stands on a spot facing their partner who is also standing on a spot ten metres away. Set up a gate between each pair using two cones. Pupil A attempts to kick the ball to pupil B through the gate. One point is awarded for each pupil that successfully kicks the ball through the gate.



## Variations

- Increase or decrease the distance between the pupils.
- Increase or decrease the width of the gate.
- Invite pupils to return the ball to their partner without stopping it, i.e. pupils kick the ball straight back through the gate.

## Equipment

A hard indoor playing surface or grassy outdoor area, mini footballs (size 4), cones, spot markers,



- If space is limited arrange pupils in groups of four, with two pupils on either side of the gate taking turns to kick the ball through.
- Ensure pupils are not kicking towards or across the path of other groups.
- Pause the activity at intervals to focus on the specific teaching points for kicking in the lesson. Invite a pupil to demonstrate correct technique and then return to the activity. Provide feedback to individuals while they perform the kicking activity.



- Set up a gate or target at home and practise kicking at the target or through the gate.



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