

# CIRCLE PASS CHALLENGE



ATHLETICS



GAMES



OUTDOOR &  
ADVENTURE

## Description of Activity

Arrange pupils in two groups. Group A forms a circle and group B forms a line approximately ten metres away. One pupil from group A stands in the centre of the circle with a ball. On a signal, the pupil in the circle throws the ball to each member of the group in turn. The group members count each good catch. If the ball is dropped it does not count. At the same time, the members in the line run individually around the circle and return to the group, tagging the next pupil, and shouting 'tag'. When group A hear the word 'tag', the pupil in the centre catches the ball and changes positions with a pupil in the circle, and continues to pass, counting the number of passes. Meanwhile the runners are still running around the circle, returning to the line and tagging the next pupil. The game continues until each pupil in the line has run around the circle. When the last pupil finishes their run the group call 'stop' and the pupils in the circle stop throwing. Group A reveals the number of catches that were made. Groups swap over and repeat the activity. Compare number of catches each time the game is played.



## Variations

- Set up two or three games running concurrently to reduce wait time and maximise participation.
- Use different types and sizes of balls such as a rugby ball, tennis ball or volleyball, etc.
- Invite pupils to catch with one hand and throw with the other.

## Equipment

An open playing area, cones, a selection of balls



- Use an open space away from walls or obstructions.
- Ensure pupils are not continuously running in one direction, alternate between clockwise and anti-clockwise throughout the PE lesson.
- Pause the activity at intervals to focus on the teaching points for running in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they are running during the activity.



- Practise running in the yard at lunchtime. Pick out landmarks in the yard and create a running course. Draw a map of the course in your PE journal.



- dhá ghrúpa • rith • liathróid a chaitheamh • na pasanna a chomhaireamh • ritheann siad timpeall • a ghlaoch amach • stad • malartaigh