



## Description of Activity

Set out a safe zone around a large playing area. Invite pupils (the chickens) to find a space in the safe zone. Select three pupils to be the foxes. These pupils stand in the centre of the playing area. To begin the activity, foxes call 'little chickens, come out to play'. The other pupils then skip slowly into the playing area towards the foxes until the foxes shout 'foxes attack'. When this is called, the chickens must skip away from the foxes and try to get back to the safe zone. Any chicken that is tagged becomes a fox.



## Variations

- Vary the locomotor skill used to move, e.g. running or side stepping.
- Adjust the size of the playing area based on the needs of the group.
- When chickens are tagged they must perform an activity such as a static balance or jumping jacks, before joining the foxes.

## Equipment

An open playing area, cones



- Discuss safe tagging with pupils. Use soft hands, no grabbing or pushing and tagging must happen between the hip and the shoulder.
- Regularly provide pupils with feedback, focusing on the two teaching points of skipping that are being addressed in the lesson.



- What role do your arms play when you are skipping? Investigate what other movement skills require our arms to do a similar job. List them in your journal.



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