



DANCE



GAMES



GYMNASTICS

Description of Activity

Invite pupils to find a space in the playing area. Teacher completes the sentence 'Find someone who...' using one of the suggested prompts below, and pupils skip around the space to find a partner that meets that requirement.

Suggested prompts:

- Has the same number of brothers and sisters?
- Lives in the same street/town?
- Has the same colour shoes?
- Has the same first letter in their name?
- Is in the same classroom group?

When pupils have found a partner, pupils can perform a partner balance. On a signal, pupils freeze and teacher provides a new prompt. Pupils skip away to find a new partner and repeat the activity.



Variations

- Include a theme for the partner balances, e.g. animals, shapes, numbers, letters etc.
- Develop the activity to find three, four or five people.

Equipment

An open playing area



- Invite pupils to come up with their own commands.
- At various stages during the game pause to discuss today's teaching points for skipping.



- There are many disciplines of sport and physical activity that require mirroring another person's movements. For homework list five in your PE journal.



- Duine a lorg a • scipeáil • deartháireacha • deirfiúracha • dath na bróga • cothromaíocht • lasairéan • gasail • moncaí