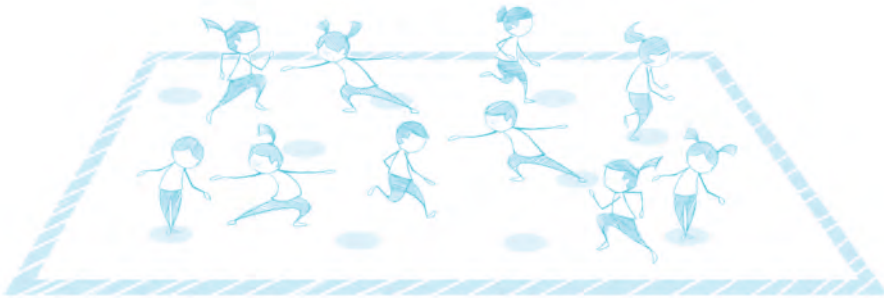




Description of Activity

Set up a playing area using cones and scatter spot markers around the ground. All pupils start on a spot marker except for three, who are nominated as taggers. The taggers chase pupils as they move from spot to spot. Pupils can not be caught while standing on a spot and can only stay on a spot marker for three seconds before moving on. Any pupil who is tagged becomes a tagger.



Variations

- Vary the locomotor skill used to move around the area, e.g. hopping, side stepping, etc.
- When pupils are tagged they can replace the tagger or they can join them (build up tag).
- If spot markers aren't available, invite pupils to stand beside flexi cones.
- Add balancing. Pupils must spend five seconds on a spot marker performing a balance before moving on.

Equipment

An open playing area, cones, spot markers or flexi cones



- Discuss safe tagging technique with pupils.
- Introduce today's dodging teaching points before the activity. Practise them in isolation then repeatedly reinforce the learning during the activity.



- When dodging, the concept of transferring weight is important. Draw a picture in your PE journal of transferring weight from one body part to another. List three examples of when you would use this action in daily life.



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