



Description of Activity

Arrange pupils in groups of ten. Use cones to set up a large square for each group. Invite two pupils to act as taggers and assign a ball or beanbag to each of them. The taggers attempt to tag the other pupils with the ball within the confines of their square. Pupils evade the taggers using a side stepping action around the square. Once a pupil is tagged they take the place of the tagger.



Variations

- Vary the locomotor skill used to move around the square, e.g. skipping, hopping or running.
- Vary the size of the square or change the number of taggers.
- Set a quota of pupils the tagger must catch before switching roles, e.g. three or five.

Equipment

An open playing area, small balls or beanbags



 Pause the activity at intervals to focus on the teaching points for side stepping in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity.
Provide feedback to individuals while they are side stepping during the activity.



Create a movement sequence using side stepping, shapes and balances.
Draw the sequence in your PE journal and practise it in the yard with your friends.



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