



## Description of Activity

Set up a defined playing area using cones. Arrange pupils in even numbered groups, e.g. eight, ten or twelve, with one pupil as the 'chaser' and another pupil as the 'chased'. The remaining pupils find a partner and link arms anywhere inside the playing area. All pairs can move around by side stepping but must have their inside arms linked and their outside arm outstretched. The two pupils playing chase play as normal, however, the chased pupil may link arms with any pair to avoid being tagged at any time. When this contact is made, the pupil on the other end of the pair is released and becomes the chased. If the chased pupil is tagged, they become the chaser.



## Variations

- Change the locomotor skill used to move around the area, e.g. running or skipping.
- Increase the number of chasers and chased.

## Equipment

An open playing area, cones



- Ensure pupils don't grab or pull the arm of the pupil in the chain they are joining.
- Pause the activity at intervals to focus on the teaching points for side stepping in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they are side stepping during the activity.



- In your PE journal, draw a picture of the correct side stepping technique and list the teaching points beside the picture.



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