



GAMES

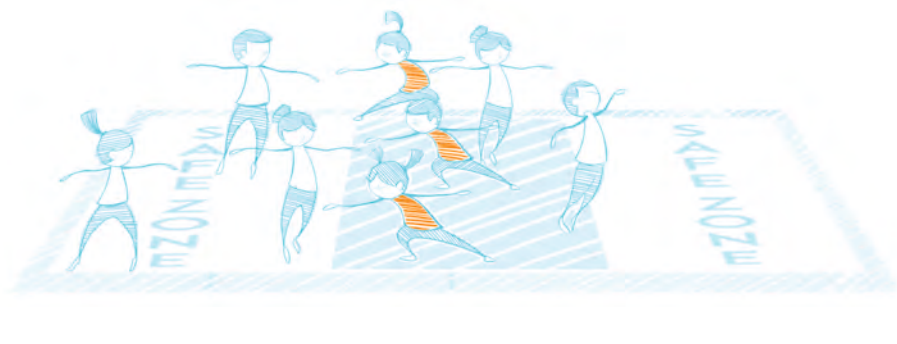


OUTDOOR &
ADVENTURE

Description of Activity

Set up a large rectangular playing area using cones with a safety zone at either end. Select three taggers to stand in the middle of the playing area wearing a bib. All remaining pupils stand at one end of the playing area. When the taggers call 'Cross the Sea', the other pupils must side step to the safety zone at the opposite end without being tagged (taggers also can only move using side stepping). When tagged, the pupil joins the taggers in the middle of the playing area. Pupils may only change ends when 'Cross the Sea' is called.

Continue in this way until only three pupils are left. They become the taggers for the next game.



Variations

- Vary the locomotor skill used to move, e.g. skipping, running, hopping, etc.
- Allow pupils to cross the sea whenever they wish, however, when 'Cross the Sea' is called, all pupils must leave the safety zone.

Equipment

An open playing area, bibs



- Ensure pupils practise safe and respectful tagging technique.
- Pause the activity at intervals to focus on the teaching points for side stepping in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they are side stepping during the activity.



- Practise side stepping in the yard at lunchtime. Pick out landmarks in the yard and create a side stepping course. Draw a map of the course in your PE journal.



- zón sábháilte • triúr mar thóraithe • bibeanna orthu • farraige a thrasnú • céimeanna ar leataobh • ag an taobh eile