

Description of Activity

Place two tall cones approximately ten metres apart, one the batting base and the other the first base (in the centre of the hall). Arrange pupils into two teams - infielders and outfielders. The infield team line up behind the batting base and the outfielders spread out around the playing area. The first batter stands at the batting base and throws the ball anywhere within the confines of the hall. To score, the batter must throw the ball, then run and touch the first base, and make it back to the batting base again before the outfielders can get him/her out. To get a batter out, the outfielders must gather the ball and throw it (without bouncing) against the back wall of the hall. If the ball hits the back wall before the batter reaches the batting base, the batter is out. After all infielders bat once, teams switch roles.



Variations

- Vary the type of ball being used, e.g. make it bigger, smaller, less or more bouncy according to skill level.
- Alter the distance between the bases.
- Introduce a rule that outfielders have to pass the ball at least once before throwing it against the wall.

Equipment

Indoor playing area, wall, tennis balls, two tall cones per game



- Ensure space is adequate for the number of pupils.
- If the class is a large group, divide the hall in two or set up two or three concurrent games outside. If outside, use cones to define the playing area and invite pupils to touch the batting base with the ball to get the batter out rather than striking a wall.



- Practise throwing at home with a friend or family member. Use a teddy or a rolled-up pair of socks if you don't have a ball.



- dhá chón ard • daoradh slacála • céad daoradh • imreoirí sa gharpháirc • imreoirí ar an bhfód amuigh • caitheamh