

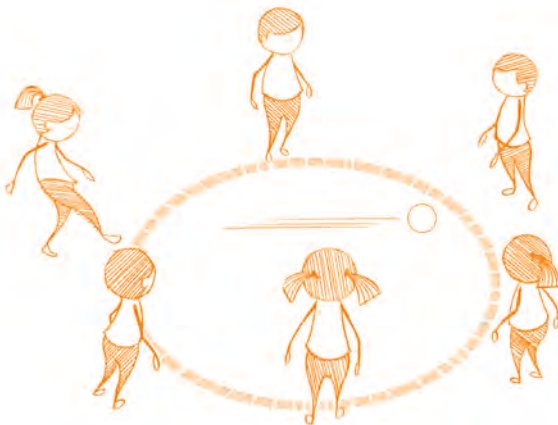
Description of Activity

Arrange pupils in groups of six, with a ball per group. Invite each group to stand in a large circle in an open space. Every pupil identifies one pupil to whom they will kick-pass the ball. Each pupil will pass and receive the ball only once per cycle.

When play begins, once a pass has been made, the pupil who passed the ball runs around the outside of the circle in a clockwise direction back to their original spot.

The pupil who receives the pass must then pass to the pupil they have previously identified, then run around the outside of the circle, and so on.

If a pass is misplaced or miscontrolled, the receiver retrieves it and play continues from there.



Variations

- Vary the weight and size of the ball.
- Invite pupils to follow their pass by crossing inside the circle.
- Adjust the size of the circle to increase or decrease the difficulty.
- This activity can be done in the same way by throwing the ball rather than kicking.

Equipment

An open playing area, footballs



- Invite pupils to walk initially until they become comfortable kicking in the circle.
- Pause the activity at intervals to focus on the teaching points for kicking in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the kicking action during the activity.



- In the yard, adapt a throwing game that you know by replacing throwing with kicking.



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