



Description of Activity

Use cones to set up a rounders pitch with four bases in a diamond shape. Arrange pupils in two teams, one outfield team and one kicking team. The kicking team line up behind the home base. The outfield team nominate a pitcher who will roll the ball to each of the kickers. They each attempt to strategically kick the ball and run around the bases. If the kicker gets home, a score is awarded to their team. If the outfield team get the ball to the base that they are running to or home base before they reach it, they are out. If the outfield team catch the ball before it hits the ground, the kicker is out. After everyone has kicked the rolls are switched.



Variations

- Use an implement such as a bat or tennis racket and a smaller ball to play conventional rounders.
- Allow pupils to run in pairs with linked arms after the kicker has kicked the ball.
- Vary the movement between bases, e.g. run, skip, hop etc.

Equipment

An open playing area, large balls, cones

- When kicking pupils should keep their head down and eyes on the ball and strike through the football in the direction which they want ball to travel in.
- Set up multiple games running simultaneously if possible to ensure the activity levels are high and wait time is low.
- Pause the activity at intervals to focus on the teaching points for kicking in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the kicking action during the activity.



- Set up Football Rounders at home and play with others.



- Cluiche corr • ceithre daorthaí • dhá fhoireann • ceapadóirí na páirce amuigh • foireann ag ciceáil • rith