



Description of Activity

Arrange pupils in groups of five with a bat and a ball per group. The pupil with the bat stands in the centre of a circle made by the other pupils. The pupil with the ball bowls or throws the ball underarm to the batter trying to hit them on the legs. The batter must keep their legs still while the ball is being thrown. The aim of the game is for the batter to protect their body with the bat or hurley. If the batter hits the ball, the fielding pupil (pupil who catches the ball) is the next to bowl. The batter has a maximum of five turns. If the bowler is successful in hitting the batter on the legs, the bowler becomes the batter.



Variations

- Vary the size of the circle.
- Use soft balls if safety is a concern and encourage the batter to not hit the ball hard.
- Rotate the role of batter to ensure everyone gets a turn.

Equipment

A large open playing area or hall, bat or hurley, small soft balls



- The batter should keep their eyes on the ball throughout the striking action.
- Provide each pupil in the circle with a ball and invite them to bowl to the batter in turn. Ensure the batter turns quickly to face the next bowler.
- Pause the activity at intervals to focus on the teaching points for striking with an implement in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals performing the striking action during the activity.



- Striking an object that is travelling at speed is challenging. Practise the skill at home with a friend.



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