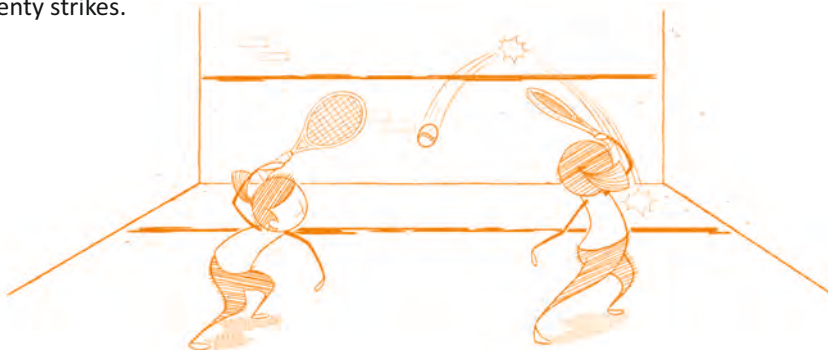




Description of Activity

Arrange pupils in pairs with a bat or racket each. Use tape or chalk to draw a line one metre off the ground along a wall or fence. Draw a second line on the ground one metre from the fence or wall indicating a 'no volley zone'. The aim of the game is to hit the ball at the wall above the line for their opponent to return. Invite each pair to play a rally, hitting the ball before or after one bounce. A pupil is not permitted to enter the 'no volley zone'. Invite pupils to play for a set amount of time, or challenge them to work together to reach a target, e.g. a rally of twenty strikes.



Variations

- Vary the rules, e.g. make it competitive by introducing a scoring system between partners.
- It may be useful to set up a square using cones for pupils to play in, limiting the amount of space used and to separate pairs from each other.
- Vary the implement, e.g. racket (small or large), bat, hurley etc.

Equipment

Large hard surface playing area with a wall or hard fence, rackets or bats, balls, tape or chalk



- **Pause the activity at intervals to focus on the teaching points for striking with an implement in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals performing the striking action during the activity.**



- **Striking a ball while it is moving through the air requires good hand-eye coordination. Draw a picture of this activity in your PE journal showing good striking action and hand eye coordination.**



- **i mbeirteanna • líne chríche • zón saor ó bhuille eitleoige • liathróid a bhualadh • babhta imeartha • preab amháin**