



Description of Activity

Pupils line up in single file facing the same direction. Establish a finish line in the playing area for the elephant walk. Pupils take the shape of an elephant with their right hand acting as the trunk in front of their body and the left hand through their legs as the tail. Invite pupils to hold the tail of the elephant in front of them with their trunk to create one continuous line. The group then advances forward as a line of elephants.



Variations

- Invite pupils to manoeuvre around obstacles and swerve the line of elephants as they move.
- Practise in smaller groups, then join the elephants together.

Equipment

An open playing area



- Encourage pupils to work together as a group.
- Encourage pupils to watch the pupil in front of them as their guide.
- Pause the activity at intervals to focus on the teaching points for walking in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the walking action during the activity.



- In your PE journal, draw a picture of the Elephant Walk activity.



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