

Common Lizard

Common lizards are usually between 10 and 16cm, long although they can grow to 18cm in length.

Draw a line 10cm long

Draw a line 16cm long

Draw a line 18cm long

On the menu – What do lizards eat?

Common lizards typically hunt any small invertebrates they can catch and overpower, such as insects, spiders, snails and earthworms.

They stun their prey by pouncing upon it and shaking it in their mouths, before swallowing it whole.

Hibernation – what is it?

Lizards disappear around October and hibernate until the following March, often in groups.

Why do animals hibernate?

Can you name any other animals that hibernate? Find 2 more on the internet.

Lizards live in a range of habitats. Use a dictionary to find out what 'habitat' means.

Habitat = _____

Match the name of the habitat to the picture:



Woodland



Marshes



Heathland



Bogs



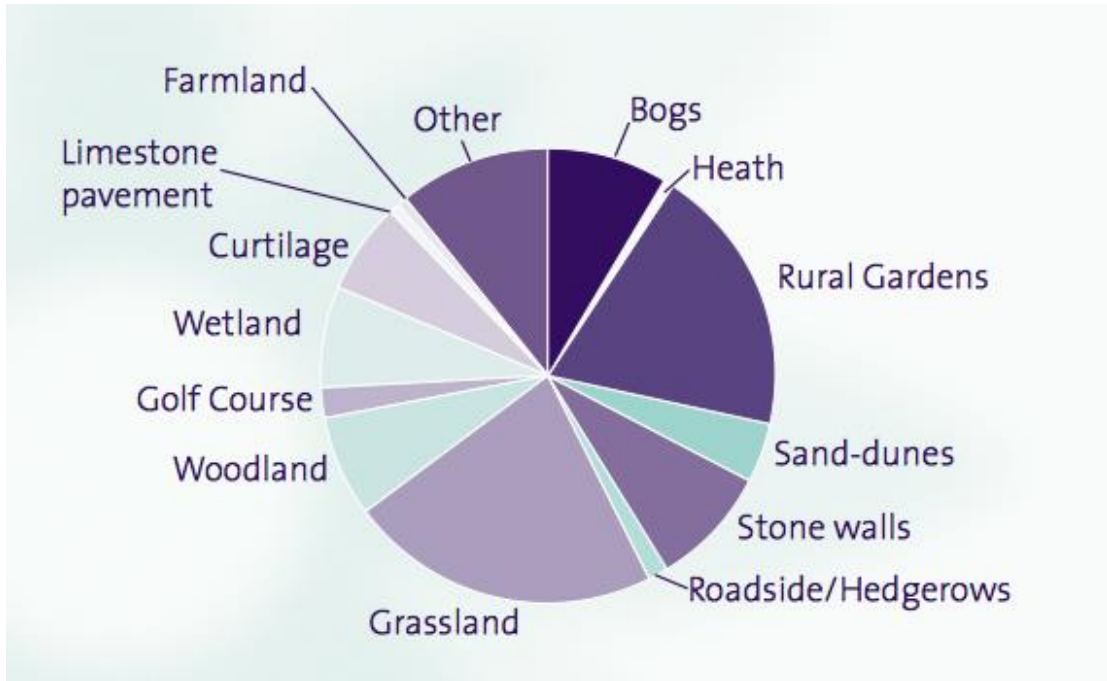
Sand dunes



Hedgerows

Gardens





Look at the pie chart above. Which is the most popular place for a lizard to live in?

Name 2 other places where lizards may be found that we didn't mention already. _____ and _____.



They will often use a stone, log or grass tussock close to cover for *basking*.

What is basking? _____

SUN SAFETY INFORMATION

Work, Rest or Play in a Sun-Safe Way

Without the sun, life simply could not exist.

It provides warmth and light to us and our environment. However, the sun's rays also can be harmful.

Over exposure to the sun's ultraviolet radiation (UV) can damage skin and eyes. The effects of sun damage include freckling, tanning, sunburning, wrinkling, cataracts and skin cancer.



Look at the poster on the website and discuss what to do in the sun and why it is important to stay safe in the sun.

Following instructions: Make a sun hat for the junior classes.

EASY

Chinese hat

① Trace, or draw a circle from something in your room.



② Cut the circle out.



③ Fold it in four.



④ Cut along one fold.



⑤ Decorate it.



⑥ Overlap the cut edges to form a cone.



⑦ Staple, or glue in place.



⑧ Attach a chin strap if desired.

Legionnaire hat



① One sheet of Herald-Sun.



② Fold in half.



③ Fold each corner into centre.



④ Fold up one side from the bottom.



Turn over and fold up other side.

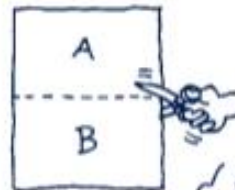
⑥ Fold corners over ends and staple from inside as shown.



⑦ Open out to form a hat.



⑧ For the back flap and peak take a second half sheet of newspaper, fold it in half and cut into two pieces A+B. (tear)

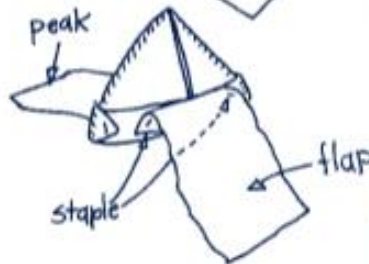


⑨ Fold sheet A in half. Turn in corners and staple as shown.



⑩ Attach this to the front of the hat to make a peak (see above)

⑪ Attach sheet B to back of hat to make the flap.



Sun protection survey

Age of person answering questions

0-5	5-10	10-15	15+

Males	Females



QUESTIONS	ANSWERS	
	YES	NO
Question 1: Do you often wear a hat outside?		
Question 2: Did you bring a hat to school today?		
Question 3: Did you wear your hat outside today at recess?		
at lunchtime?		
Question 4: Did you play in the shade today?		
Question 5: Did you wear sunscreen today?		

Personal Care

Personal sunburn danger zones

Body part	Sunburn ranking 5 = high risk 1 = low risk	How can you stay safe?
face	5
arms	5
shoulders	4
neck	4
legs	? ___
nose	? ___
back	? ___
chest	? ___
head	2
stomach	? ___
back of knees	1
feet	? ___
hands	? ___

Parts of my body I need to take special care to protect are:

1. 2. 3.

Here are some interesting things about Lizards

1. Their body is only as warm as the air around them. This means that on warm days they are warm and on cold days they are cold. Animals whose bodies are like this are called *cold blooded*.

Humans are warm-blooded animals because we are warmer than the air around us.

2. Lizards are belonging to a group of animals called REPTILES. All reptiles are cold blooded. Snakes are reptiles.

3. Lizards are found in every county in Ireland.

We must protect lizards. What should you do if you see one/find one?