



ATHLETICS



GAMES



OUTDOOR &
ADVENTURE

Description of Activity

Use cones to set out a large playing area. Invite one pupil to be the first link. On a signal, the first link chases the other pupils trying to tag them. Pupils who are tagged join hands with the first link to extend the chain. If the chain breaks apart, no tagging can happen until it is joined together again. Pupils cannot break through the chain by running through the arms.



Variations

- As the chain grows, only pupils on the end with free hands can tag. Once a chain has six links, split the chain into two equal chains.
- Vary the locomotor skill used to move, e.g. hopping or skipping.

Equipment

An open playing area, cones



- **Remind pupils about safe, respectful tagging. Ensure that pupils do not grab or push each other, and that they use soft hands to gently tag their opponents, on the back of the torso between the hip and the shoulder. Explain clearly to pupils how to tag safely.**
- **Ensure pupils exercise caution when dodging around each other, by keeping their eyes open and looking forwards in the direction they are travelling.**



- **In your PE journal, draw a picture of you dodging away from the chain in this activity.**



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