

## Description of Activity

Arrange pupils in an enclosed playing area. Invite three pupils to be the taggers and to wear a bib. The remaining pupils have a beanbag each and run around within the area trying to evade the taggers. A pupil who is tagged must throw their own beanbag in the air and catch it five times before they are free to run again. On a signal, pause the activity to select new taggers, and continue the game.



## Variations

- Vary the fundamental movement skill used to move, e.g. skipping, side stepping or running.
- Pair pupils up by linking arms. When tagged they both perform throwing and catching exercises.

## Equipment

An open playing area, cones, beanbags



- Ensure pupils throw the beanbags at a safe height.
- Pause the activity at intervals to focus on the teaching points for catching in the lesson. Provide feedback to individuals while they perform catching during the activity.



- In your PE journal, list three playground games where catching is important.



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