

Description of Activity

Use cones to set out a designated playing area. Arrange pupils in pairs (A and B). Pupil A acts as a mouse and pupil B acts as a cat. Pupils line up around the playing area beside their partner with one ball between them. The teacher calls out an animal (cat or mouse) and those pupils dribble the ball into the playing area with their feet. On a signal the other animal runs into the area, finds their partner and tries to take possession of the ball. Repeat the sequence so that all pupils have a turn as both attacker and defender.



Variations

- Vary the locomotor skill used to travel around the area.
- Progress the activity to groups of four with two versus two,
 e.g. two mice and two cats.
- Set up a target line. On a second signal, the pupil with the ball must dribble their ball over the line to score a point.

Equipment

An open playing area, cones, balls (one between two pupils)



- Ensure there is adequate space between pairs.
- Rotate partners regularly, encouraging pupils to engage with pupils of varying ability.



 Ask a grown-up to help you to search online for a picture/video of a footballer kicking a ball. In your PE journal, list three things you notice about their kicking technique.



ag obair i mbeirteanna • luch • cat • glaotar amach ainmhí • ag druibleáil • le séideadh na feadóige • seilbh a ghabháil ar an liathróid • tosaithe • cúlaithe