

## Description of Activity

Arrange pupils in pairs (A and B) and give one ball to each pair. Set up a target/goal at a fence or wall using tall cones or poles. Pupil A attempts to kick the ball from their hands to hit the target. Pupil A collects the ball returns it to pupil B who repeats the process. Award a score for successfully hitting a target. Swap roles after a set amount of time.



## Variations

- Vary the width of target selected.
- Vary the kicking foot each time.
- Place a tall marker in the centre of the gate and challenge pupils to knock over the marker.
- Vary the distance between pupils and their target.
- If a pupil experiences difficulty kicking the ball from their hands, they may strike from ground.

## Equipment

An open playing area, mini footballs, cones, spot markers, poles, tall cones or markers



- If space is an issue use groups of four but ensure there is adequate space between each group.
- Pause the activity at intervals to focus on the specific teaching points for kicking in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the kicking action during the activity.



- Recreate this activity at home. Collect and reuse water bottles, boxes, etc, and play with a family member.



- ag obair i mbeirteanna • na cuailí • liathróid a chiceáil óna lámha • targaid a bhualadh