



Description of Activity

Pupils are given a basketball each and invited to find a space within a large open playing area. Invite three pupils to act as the taggers. On a signal, pupils begin dribbling their basketball around the area. On a second signal, taggers attempt to tag pupils by touching them on the trunk of their body. If a pupil is tagged they must stand with feet wide apart and do a figure of eight with the basketball between their legs before they can move again.

Switch taggers regularly.



Variations

- If pupils drop the basketball or catch it when dribbling they must freeze as if tagged.
- Provide taggers with a basketball to make the role of tagger more challenging.
- Invite pupils to perform a balance when caught and receive a pass to be set free.

Equipment

A hall or hard surfaced playing area, basketballs, and bibs



- Encourage pupils to protect their ball by holding their non-dribbling hand out to the side.
- Pause the activity at intervals to focus on the teaching points for striking with the hand in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the striking action during the activity.



- Play Dribble Tag in the yard.



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