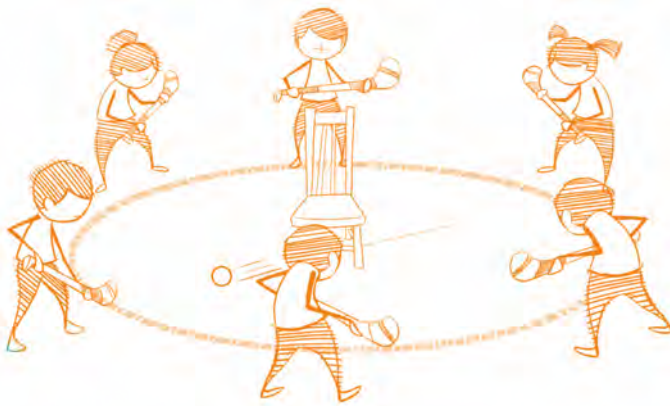


## Description of Activity

Arrange pupils in groups of six with a hurley each and one ball per group. A circle is formed with a chair in the middle. One pupil begins by trying to hit the ball under the chair to the other side of the circle. Pupils who stop the ball must pass it to another pupil who then tries to hit the ball under the chair. The sequence of stopping, passing and shooting continues.



## Variations

- Begin by using two cones instead of a chair.
- Vary the size of the area or radius of the circle.
- Add a goalkeeper at the chair.

## Equipment

A large hard playing surface, hurleys, small balls, school chair



- Ensure that the ball is kept low at all times.
- Ensure there is adequate space between each group.
- It may be useful to differentiate groups to allow pupils practise with others of the same ability.



- Practise Chair Ball at home. Invite a family member to play with you. If you can't use a chair, use two small objects such as a piece of clothing or plastic bottle to set up a goals instead.



seisear • camán an dalta • ciorcal • cathaoir sa lár • liathróid a bhualadh faoin gcathaoir • comhairigh na cúil