



Description of Activity

Arrange pupils in groups of four - one batter and three goalkeepers. Each pupil has a bat or a hurley and one ball. Set out four cones side by side in a line in front of a batting tee to form three goals. The batter attempts to hit the ball from the tee through one of the goals. The middle goal is worth five points and the two outside goals are worth two points. The goalkeepers try to stop the balls going through their goal with their bats or hurleys. The batter attempts to score as many goals as possible in five attempts. After five hits the roles are rotated.



Variations

- Vary the difficulty level, e.g. adjust the distance from the tee to the goals or the size of the goals.
- Introduce the option of striking from the ground or out of the hand.
- Vary the implement, e.g. use a cricket bat and a smaller tee.

Equipment

A large hard playing surface, cones or markers, small soft balls, hurleys or bats, batting tee



- Ensure there is enough space for each group to work independently.
- Ensure the remaining pupils are a safe distance behind the batting tee.



- Set up goals like this at home and practise striking through the goals. Assign a number of points for each goal and keep score.



ceathrar • buailteoir • cúl báirí • camán • liathróid a bhualadh • cúl sa lár • cúig phointí • cúig iarracht