

Description of Activity

Arrange pupils in groups of four with a hurley each. Ensure each group has their own designated playing lane with a striking area (a square) and a separate waiting area which is a safe distance behind. Each of these areas has five scoring targets (e.g. cones, hoops, buckets, etc) which are placed at various distance from the striker. The target closest to the striker is worth five points and each subsequent target is worth five more points the further you get from the striking square. In turn, each pupil hits five balls, scoring points if the ball hits or lands on or in a target. The aim of the activity is to get the highest points possible.



Variations

- Vary the aim of the activity, e.g. achieve a score of twenty with the fewest strikes possible.
- Vary the manipulative skill used, e.g. use beanbags for throwing or footballs for kicking.

Equipment

A large hard playing surface, hurleys, small soft balls, a variety of targets, spot markers, cones, buckets, bins or boxes



- Pupils may only collect the balls as a whole group when instructed by the teacher for safety reasons.
- Pause the activity at intervals to focus on the specific teaching points for striking with an implement in the lesson. Invite a pupil to demonstrate correct technique, allow pupils to practise in isolation and then return to the activity. Provide feedback to individuals while they perform the striking action during the activity.



- Practise striking towards a target at home. Design your own targets on sheets of paper and set them out at varying distances. Invite your family members to play with you.



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