

## Take Home Landing B2

1. Practise the motorbike landing at home and show it to a member of your family.
2. In your PE journal, draw a picture of you landing in the middle of the shape you made with the skipping rope.
3. Play music at home and practise the different jumps until the song ends.
4. In your PE journal, draw a picture of landing technique for a particular sport.
5. In your PE journal, list three game that use landing. Invite a family member to help you and show them your landing technique.
6. Try this activity at home using some chalk. Ensure you have permission from a grown-up before you use the chalk on the ground.
7. Practise playing Leap Frog at home with your friends.
8. Practise this activity in the yard with your friends.
9. Make your own landing cards at home and practise with a friend or family member.
10. Recreate an activity like this outside for your siblings or neighbours.