

## Ten Tips for Picking Teams in PE

- **Numbers:** randomly line pupils up and give them a number one, two, three, four etc depending on how many teams are required.
- **Colours:** randomly allocate pupils a colour using as many colours as teams required.
- **Technology:** Use a team selection app like 'Team Shake' to randomly select desired numbers.
- **Alphabetically:** pupils line up alphabetically by first name, then teams can be subdivided accordingly. Vary by using middle or last names.
- **Clumps:** pupils move around the playing area and on a signal from the teacher get into groups of three as quickly as possible. Repeat for groups of four, five, etc and play until the teacher is ready to call the amount of teams required for the game play. It may be useful to set a rule that no two pupils can be in the same clump twice.
- **Choose a ball:** place coloured balls or marbles in a bag e.g. four colours if four teams are required. The ball a pupil picks from the bag indicates what team they are on.
- **Playing cards:** when picking up to four teams use a deck of cards with the appropriate amount of cards in each suit. The card a pupil picks at random indicates their team.
- **Birthday line:** pupils line up by birthday date then subdivide into teams accordingly.
- **Similar characteristics:** pupils group according to hair colour, eye colour, hobbies, etc.
- **Sort by height:** pupils find a partner who is the exact same height as them and sit together. One of the two pupils then stand up, dividing pupils into two teams. This useful exercise to divide pupils into two teams can be done with hand size, shoe size, eye colour, etc.