

## Teacher Notes:

2:9 Identify healthy  
exercise for dogs

start the discussion about  
'Exercise'  
What is it?

What type of dogs do you  
see here?

How are they different to  
each other?

Look at expanding or  
consolidating vocabulary –  
puppy Breed, etc



Young Dog – Puppy MaxPixel



<https://pixabay.com/en/users/labsafeharbor-5668409/>

Dogs need exercise every day.

The amount depends on the age and the  
breed of dog.

It is a good idea to ask you vet or look  
online to find out this information.

It can be between 30 mins to 2 hours!



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## Lets look at different types of exercise!

What types of exercise can  
you see in these pictures?

1. Cut out the pictures.
2. Use worksheet below.  
Stick the pictures of exercise  
into each day of the week to  
make an exercise timetable  
for your dog.
3. Write or say the type of  
exercise on the line below the  
picture.



Put a picture of a  
dog you like here.

scoilnet

Monday

scoilnet

Tuesday

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Wednesday

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Thursday

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Friday

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Saturday

scoilnet

Sunday

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