

## FOODS FROM AFRICA



# Coffee

**Centre and top:**  
Bezina Abinet, with her son Haileleu, roasts coffee beans at her shop in Dodota, Oromia, Ethiopia.

**Bottom:**  
Coffee plant, Uganda.



## FOODS FROM AFRICA



# Cassava

**Centre:**  
Damaris Oloo carries a cassava tuber in her field in Homa Bay County, Kenya.

**Top:**  
Woman peels cassava tubers at Tongakona Cooperative, Busia County, Kenya. The cooperative sources cassava from local farmers and processes it into flour.

**Bottom:**  
Beatrice Abukayot holds a plate of Ugali, a traditional Kenyan dish made of cassava and millet flour (Busia County, Kenya).



## FOODS FROM AFRICA



# Millet

**Centre:**  
Limata Sana stands in her millet field in Balgo village, Ourittenga, Burkina Faso.

**Top and bottom:**  
Millet drying at Limata Sana's house, Balgo village, Ourittenga, Burkina Faso.



## FOODS FROM AFRICA



# Beans

**Centre:**  
Habibou Tiendrebeogo harvests beans in her field in Nomgana village, Oubrittenga, Burkina Faso.

**Bottom:**  
Beans at Habibou Tiendrebeogo's house, Nomgana village, Oubrittenga, Burkina Faso.





# Groundnuts

**Centre:**  
James Tambulsi harvests groundnuts in Mkhonde village, Malawi.

**Top:**  
Foster Simeo holding a bowl of groundnuts in Malela village, Northern Zambia.

**Bottom:**  
Women processing groundnuts at the Eastern Province Cooperative, Zambia.



## FOODS FROM AFRICA



# Mango

**Centre:**  
Woman holding a mango fruit, Togo.

**Bottom:**  
Mango fruit on a mango tree, Malawi.





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# Sweet Potato

Centre:  
Man holding sweet potatoes after harvest, Uganda.

Bottom:  
Sweet Potato cut in half, Uganda.





## FOODS FROM AFRICA



# Pineapple

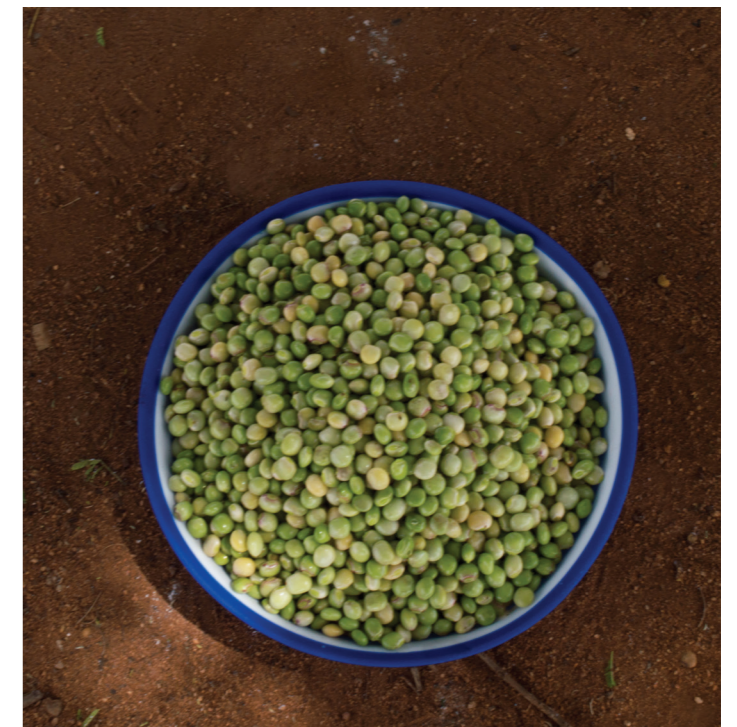
Centre:  
Pineapple plant, Uganda.



Bottom:  
Farmer in pineapple field, Uganda.



## FOODS FROM AFRICA



# Green grams (mung beans)

**Centre:**  
Ruth Mutua sorting out her green grams, Kitui County, Kenya.

**Top:**  
Ruth Mutua harvests green grams in her field in Kitui County, Kenya.

**Bottom:**  
Bowl of green grams at Ruth Mutua's house, Kitui County, Kenya.



## FOODS FROM AFRICA



# Wheat

**Centre:**  
Alem Kulbla in her field of wheat (Ethiopia).

**Top:**  
Seed producer in his field of wheat (Ethiopia).

**Bottom:**  
Wheat seeds (Ethiopia).



## FOODS FROM AFRICA



# Maize

**Centre:**  
Mary Ndlovu in her maize field, Kalonga village, Eastern Province, Zambia.

**Top:**  
Maize drying (Malawi).

**Bottom:**  
Maize processing (Zambia).