(a) A field is divided into eight sections as shown below. The width of each section is 3 metres. The height, in metres, of each section is given in the diagram. Use the Trapezoidal rule to estimate the area of the field.

(b) The area of the same field was re-estimated by applying the Trapezoidal rule again. This time, a different section width ( 4 m ) and a different set of section heights were used, as shown below. The area was found to be $145 \cdot 6 \mathrm{~m}^{2}$.
Use this information to find the value of the height marked $x$ on the diagram.

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